

Turn-Key Corporate Wellness Solutions



We put wellness to work
with our tailored corporate
wellness programs and
services



Why? And How?

These are really the two main questions when it comes to corporate wellness. Why do we need to implement such a program? And how do we do it? The why is the easy part! Healthy, happy employees are more productive, more motivated and, more efficient at their jobs. This builds stronger teams and improves company culture, ensuring top talent is retained, and that earnings are improved and costs are reduced.

The how is often what prevents companies from implementing these valuable programs. Where do we start? How do we ensure adoption? How do we know it's working? That's where we come in...

It's what we do!

At HealthDesk, we specialize in developing and implementing corporate wellness programs tailored to the specific needs and goals of your company. We work with you every step of the way to ensure your wellness program is a success. We take care of the HOW.

Step 1

We meet with your management and HR team to establish the needs and goals of your company

Step 2

We spend some time with your employees and gain their valuable feedback on how a wellness program will benefit them

Step 3

We develop a wellness program based on the feedback we received and develop an implementation plan

Step 4

We implement and manage your corporate wellness program and provide realtime data through our specialised software

Software? What Software?

At HealthDesk we provide companies with fully integrated wellness software that allows them to monitor and track the success of their wellness programs with realtime feedback

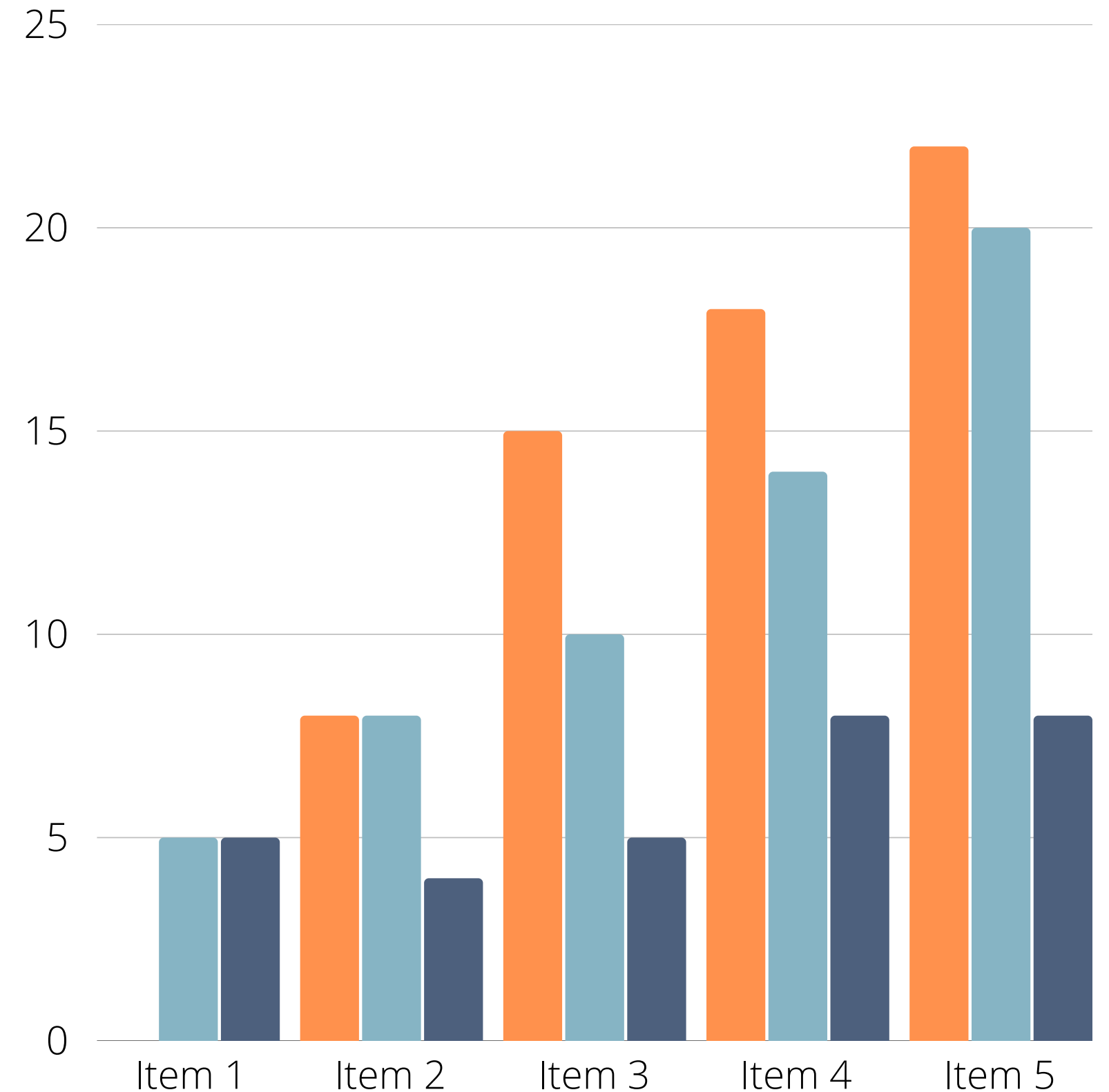
- Our program gives your management team real data to monitor the success of their team
- Our program also encourages gamesmanship and some healthy competition that ensures broad adoption throughout your teams



Analysis

This data can be used to tweak your wellness program as time goes on. It also provides you with a full picture of your ROI. Speaking of ROI, studies have shown that for every Rand spent on corporate wellness programs, companies experience a R2.50 - R3.60 return. Not too shabby!

[Learn More](#)



The Benefit



Employee Well-being

Health, Happy employees are more productive, efficient and motivated

Talent Retention

Top talent is hard to attract and even harder to keep. Corporate Wellness Programs give you an edge over your competitors ensuring top talent chooses you!

Cost Reduction

Recruitment, on-boarding and off-boarding of employees is expensive and takes up time. Corporate wellness programs aid in employee retention, reducing these costs over time

Long Term Success

A strong company culture and preservation of human capital is the key to long term corporate success. Investing in wellness programs gives your company the framework for success

Why Us?

Through our specialization in corporate wellness we strive to not only bring health into the lives of individuals, but health into the companies that form the backbone of our economy.

What sets us apart is that we are a business-centric wellness company. This means that our ultimate focus is on helping your business to succeed. As such, we are here to help you look after your greatest asset - Your Human Capital.



Companies We've Had The Pleasure of Working With



We would love for you to become one of them!

Get in Touch



HEALTH DESK

Wellness at work

Contact us to get more info



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